## Sample Classroom Regimen

### 7 Days Per Benchmark (Grades 3 - 5)

<table>
<thead>
<tr>
<th>DAY</th>
<th>Activity</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td><strong>DOK 1: Basic Recall &amp; Recognition</strong>&lt;br&gt;Benchmark: Power Drill  Gradual Release of Basic Skills (15 min)&lt;br&gt;Smart to the Core Booklet: Train the Brain Practice 1 (Basic Skills) (15 min)&lt;br&gt;Smart to the Core Booklet: Target Practice 1 (Basic Application) (15 min)</td>
<td>45 MINUTES</td>
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<td>2</td>
<td><strong>DOK 1, 2, and 3: Basic Recall, Recognition, and Applying Skills</strong>&lt;br&gt;Rock Climbing Review: Journaling with Mixed Daily Review - Day 2 (10 min)&lt;br&gt;Hands on Math: Activity by Benchmark (20 min)&lt;br&gt;Hands on Math: Journaling and Extension Questions (15 min)</td>
<td>45 MINUTES</td>
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<tr>
<td>3</td>
<td><strong>DOK 1 &amp; 2: Basic Application</strong>&lt;br&gt;Rock Climbing Review: Journaling with Mixed Daily Review - Day 3 (10 min)&lt;br&gt;Benchmark Power Drill: Gradual Release of Basic Application (15 min)&lt;br&gt;Smart to the Core Booklet: Train the Brain Practice 2 (Basic Skills) (10 min)&lt;br&gt;Smart to the Core Booklet: Target Practice 2 (Basic Application) (10 min)</td>
<td>45 MINUTES</td>
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<td>4</td>
<td><strong>DOK 2 &amp; 3: Applying Skills &amp; Concepts/Strategic Thinking</strong>&lt;br&gt;Rock Climbing Review: Journaling with Mixed Daily Review - Day 4 (10 min)&lt;br&gt;Mathables® by Benchmark: Foldable Activity (20 min)&lt;br&gt;Mathables® by Benchmark: Think Tank Journaling (15 min)</td>
<td>45 MINUTES</td>
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<td>5</td>
<td><strong>DOK 3 &amp; 4: Strategic &amp; Extended Thinking</strong>&lt;br&gt;Company Drill Game: Review by Benchmark (10 min)&lt;br&gt;Benchmark Power Drill: Gradual Release Strategic Thinking (15 min)&lt;br&gt;Smart to the Core Booklet: Train the Brain Practice 3 (Application) (10 min)&lt;br&gt;Smart to the Core Booklet: Think Tank Question (Strategic Thinking) (10 min)</td>
<td>45 MINUTES</td>
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Assessment & Evaluation
Rock Climbing Review: Game Review (10 min)
Smart to the Core Booklet: Four Star Challenge (25 min)
Smart to the Core Booklet: Review the Assessment (10 min)

Center Instruction
Differentiated Instruction: Depth of Knowledge Worksheets (SEE ATTACHED)
(Based on the 4-Star Challenge results)

Tier 1
48% or Lower
- INDEPENDENT WORK
  DOK Worksheet (30 min)
  Depth of Knowledge Worksheet Level 1
- INTENSIVE CARE UNIT
  RETEACH (30 min)
  Benchmark Power Drill—Day 2
  with Bootcamp Strategies

Tier 2
49% - 64%
- INTENSIVE CARE UNIT
  RETEACH (30 min)
  Benchmark Power Drill—Day 3
  with Bootcamp Strategies
- INDEPENDENT WORK
  DOK Worksheet (30 min)
  Depth of Knowledge Worksheet Level 2

Tier 3
65% - 79%
- GAME CENTER
  ENRICH (30 min)
  Triathlon Game Review or Company Drill
- INDEPENDENT WORK
  DOK Worksheet (30 min)
  Depth of Knowledge Worksheet Level 3

Tier 4
80% - 100%
- CRITIQUE & CREATE
  ENRICH (30 min)
  Student Journal Entries
  Hands on Extension Activity
- GAME CENTER
  FLUENCY (30 min)
  Triathlon Game Review or Company Drill