SAMPLE EXTENDED DAY REGIMEN

7 DAYS PER BENCHMARK

[GRADE 5]

DOK 1: Basic Recall & Recognition
Benchmark Power Drill: Gradual Release of Basic Skills (20 min)
Smart to the Core Booklet: Train the Brain Practice 1 (Basic Skills) (20 min)
Smart to the Core Booklet: Target Practice 1 (Basic Application) (20 min)

DOK 1, 2, and 3: Basic Recall, Recognition, and Applying Skills
Rock Climbing Review: Journaling with Mixed Daily Review - Day 2 (20 min)
Hands on Math: Activity by Benchmark (20 min)
Hands on Math: Journaling and Extension Questions (20 min)

DOK 1 & 2: Basic Application
Rock Climbing Review: Journaling with Mixed Daily Review - Day 3 (20 min)
Benchmark Power Drill: Gradual Release of Basic Application (20 min)
Smart to the Core Booklet: Train the Brain Practice 2 (Basic Skills) (20 min)

DOK 2 & 3: Applying Skills & Concepts/Strategic Thinking
Rock Climbing Review: Journaling with Mixed Daily Review - Day 4 (20 min)
Mathables® by Benchmark: Foldable Activity (20 min)
Mathables® by Benchmark: Think Tank Journaling (20 min)

DOK 3 & 4: Strategic & Extended Thinking
Company Drill Game: Review by Benchmark (15 min)
Benchmark Power Drill: Gradual Release Strategic Thinking (20 min)
Smart to the Core Booklet: Train the Brain Practice 3 (Application) (25 min)

Assessment & Evaluation
Rock Climbing Review: Game Review (20 min)
Smart to the Core Booklet: Four Star Challenge (25 min)
Smart to the Core Booklet: Review the Assessment (15 min)

Small Group Instruction
Game Play (students at 3 stars or higher): Company Drill/Triathlon Board Game (60 min)
OR
Teacher Center: DOK Worksheets # 1 - # 3 and Hands on Manipultatives (60 min)