SAMPLE CLASSROOM REGIMEN

150 MINUTES WEEKLY
GRADE 3 AND 4

DAY 1
30 MINUTES

ENGAGE: Foldable Booklet —> Foldable Note Construction (10 min)
EXPLORE: Benchmark Power Drill —> Interactive Notes on Foldable (15 min)
ELABORATE: Interactive Notebook —> Foldable Journaling Activity 1 (5 min)

DAY 2
30 MINUTES

ENGAGE: Speed Bag Teachers’ Edition —> Speed Bag Drawing Game (5 min)
ENGAGE: Interactive Notebook —> Journaling Activity 2 (25 min)
(1) ENGAGE: Speed Bag Booklet —> Making the Science Connection
(2) ELABORATE: Interactive Notebook —> Adding to the Speed Bag Drawing

DAY 3
30 MINUTES

EXPLORE: District or Boot Camp Labs —> Laboratory Activity (15 min)
ENGAGE: Bootcamp Lab Booklet —> Boot Camp Lab Forms (10 min)
ELABORATE: Debrief Laboratory Results (5 min)

DAY 4
30 MINUTES

EXPLORE: Speed Bag Student Booklet —> Reading in Science Activity # 1 (12 min)
EVALUATE: Speed Bag Student Booklet —> Graphic Organizer (8 min)
EVALUATE: Speed Bag Student Booklet —> Reading Practice Questions (10 min)

DAY 5
30 MINUTES

ENGAGE: Speed Bag Student Booklet —> Vocabulary Drill (7 min)
EVALUATE: Speed Bag Student Booklet —> Science Practice Questions (8 min)
ELABORATE: Speed Bag Student Booklet —> Tie It Together (15 min.)